

# GLUTEN FRIENDLY | VEGAN

IN ADDITION TO OUR GLUTEN FRIENDLY/VEGAN PANCAKES AND GLUTEN FRIENDLY FRENCH TOAST, MANY OF OUR BREAKFAST AND LUNCH PLATES CAN BE MADE GLUTEN FRIENDLY AND/OR VEGAN BY USING THESE OPTIONS:

	GLUTEN FRIENDLY	GLUTEN FRIENDLY & VEGAN	VEGAN
<b>Bread:</b>	Rice Bread		Whole Wheat Bread
	Shredded Hashbrowns	Shredded Hashbrowns	Shredded Hashbrowns
<b>Breakfast Meats:</b>	Ham		
	Bacon		
<b>Sides:</b>	Coconut Whip (For Pancakes and waffle berries)	Coconut Whip (For Pancakes and waffle berries)	Coconut Whip (For Pancakes and waffle berries)
	Fruit Cup	Fruit Cup	Fruit Cup
	Tomato Slices	Tomato Slices	Tomato Slices
	Veggie Cup and Kraft Ranch	Veggie Cup and Hummus	Veggie Cup and Hummus
	La Cocina Chips	La Cocina Chips	La Cocina Chips + Salsa
<b>Dressings:</b>	<u>Kraft</u> Poppyseed Dressing	<u>Renee's</u> Poppyseed Dressing	<u>Renee's</u> Poppyseed Dressing
	Raspberry Vinaigrette	Raspberry Vinaigrette	Raspberry Vinaigrette
<b>Cheese:</b>	Cheddar and Mozza Cheese	Cheddar and Mozza Cheese	Cheddar and Mozza Cheese
<b>Meal Substitutions:</b>			Veggie Burger made with lettuce wrap
			Veggie Sandwich made with whole wheat bread
			Veggie Panini
			Quesadilla made with Vegan Cheese

**AT OUR BAKERY COUNTER WE HAVE THE FOLLOWING:**

**VEGAN ITEMS**

RHUBARB - **SLICE**

DATE - **SLICE**

PECAN, CRANBERRY, DARK CHOCOLATE CHIP, FLAX - **COOKIE**

**GLUTEN FRIENDLY ITEMS**

BANANA CHOCOLATE CHIP - **MUFFIN**

PECAN, CRANBERRY, DARK CHOCOLATE CHIP, FLAX - **COOKIE**

OATS DELIGHT - **SLICE**

RHUBARB - **SLICE**

DATE - **SLICE**

PEANUT BUTTER MARSHMALLOW - **SQUARE**

LOAF OF SLICED - **RICE BREAD**

**GLUTEN FRIENDLY AND VEGAN ITEMS**

PECAN, CRANBERRY, DARK CHOCOLATE CHIP, FLAX - **COOKIE**

RHUBARB - **SLICE**

DATE - **SLICE**